

3rd Annual
Fish for Life Extravaganza & 5k Run
Benefiting March of Dimes
June 11, 2011

Bib # _____

RACE DIRECTOR: Mario Guzman Phone: (956) 242-0333

PLACE: Lake Casa Blanca State Park, Laredo, TX

REGISTRATION: 7:00 am thru 7:45 am START OF RACE: 8:00 A.M.

ENTRY FEE: Pre-Registration \$20.00 Runners & Walkers. Same Day registration \$25.00 (No refunds)

AWARDS: Trophies to the top male and female winners & Medals to the top 3 in each category.

T-SHIRTS: Be one of the first 75 to sign up and receive a t-shirt. *Make check payable to: Jorge Madero*

Categories: (5k Run)

14 and Under, 15 - 19, 20 - 29, 30 - 39, 40 - 49, 50 and Over

CHECK EVENT YOU WILL ENTER: 5K RUN _____ WALK _____

One entry form per participant. Incomplete forms will be returned.

Mr or Mrs: _____ DOB _____ Age: _____
(Circle One) (Please print name)

Address: _____ City: _____ State: _____ Zip: _____

Day Time Phone: (_____) _____ E-Mail address: _____
(Optional)

Shirt Size: (Check one) _____ Sm. _____ Med. _____ Large _____ Ex. Large

Waiver: *I, The undersigned, assume full and complete responsibility for any injuries suffered while traveling to and from the starting point and ending point of the Run for Life 5k Run & Walk while participating in the said event. I certify that I have no physical, mental, or any other ailments or conditions that would prevent me from participating in this competition, I waive and release the City of Laredo, County of Webb, Farmers Insurance, Lake Casa Blanca State Park and Zapata Roadrunners Road Racing, And representatives of said organization, race officials and paid and unpaid race workers and the organizations that represent from any criminal and/or civil liabilities and/or lawsuits, damages and attorneys' fees.*

Runner's signature/Firma de participante: _____

Parent/Guardian if runner is under 18: _____