



# 5K RUN / WALK

*to benefit Mujeres Unidas*

April 30, 2011 \* Bentsen Palm Park  
1801 S. Inspiration Road, Mission

Check-in/ Registration @ 7 am / Walk Begins @ 8 am

## Donation Entry Fee - \$20

**I will be participating in the:** \_\_\_\_\_ 5K Run / Walk \_\_\_\_\_ 1K Heel Challenge

Women's high heel shoes will be available for those interested in participating in the 1K Heel Challenge!!

Please Print:

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Specify T-Shirt Size Adult: S M L XL XXL / Youth: S M L XL  
Pre-registration required to receive the official walk t-shirt

Waiver must be signed with entry: I assume full and complete responsibility for any injury, accident, or any health related issues which may occur to me during the event, as a result of my participation in the Run / Walk, or while I am on the premises of the event and I hereby release and hold harmless Women Together/Mujeres Unidas, the sponsors, promoters, the run committee and all other persons and entities associated with the event or their agents, employees or otherwise. Further, the City of Mission is not a sponsor of this event and are harmless from any claims, suits, causes of action and liability arising out of my participation in this event. I further certify that I am in good physical condition and fully able to participate in this event. I grant full permission to any and all of the foregoing to use any photographs or records of this event. I understand that fees are not refundable. I have read, understand and voluntarily sign this agreement.

**Participant's Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

Signature of parent or guardian if under 18 years of age

Please make your check payable to Mujeres Unidas

