



Proud Sponsor
HEART INSTITUTE
of
BROWNSVILLE



Presents 28th Annual

Run For Your Heart

TURKEY TROT

5-K Run / Walk

1-Mile Gobble Run / Walk

SATURDAY, NOVEMBER 20, 2010 8:00AM

EVENT STARTS AND ENDS AT THE HEART INSTITUTE OF BROWNSVILLE, 213 HEART DRIVE.
PARKING AREA BEHIND ACADEMY AND HOME DEPOT, PARKING ENTRANCE TO RACE WILL BE
CLOSE AT 7:15A.M. COME EARLY.

ENTRY FEE: \$13 DAY OF RACE \$15

GROUP OF 10 OR MORE \$8 DAY OF RACE \$10 (AGE SCHOOL KIDS ONLY)

School Team Trophies to top 3 Schools with the Most Participants

T-Shirt to first 700 participants, refreshments, DJ Music, door prizes

Age Bracket 5-K Male/Female: 14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70 & over

Top 3 1-Mile Male/Female: 3 & under; 4-6; 7-9; 10-12; 13-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 & over

1st place in all age Divisions will be awarded a Turkey & Medal (total of 48 turkeys)

2nd & 3rd places will receive a Trophy

NAME _____ SEX F M AGE _____

ADDRESS _____ EMAIL _____

CITY _____ STATE ___ ZIP _____ PH# _____

SHIRT CIRCLE ONE Youth M L Adult S M L XL

WAIVER OF LEGAL LIABILITY: I the undersigned, do hereby agree to hold harmless, the City of Brownsville
The Brownsville Marathon Running Club, and any Sponsors or Volunteers from any and all liability resulting
myself or my child's participation.

Next Event: Feb.26, 2011

Charro Days Classic 5-K 1-Mile

Participant's Signature

Parent's Signature

Mail Check or MO to:

The Brownsville Marathoners Running Club

PO Box 5024

Brownsville, Tx. 78521

For More Information call 956.5238 or 956542.8967 or visit www.withchrist.net/riorunning to down load