



# Independence Day 5K Run

Hosted by RGV Striders

**Date:** Saturday, July 3, 2010 7:30 a.m.

**Location:** Mission Hike & Bike Trail

**Pre-Registration:** Basilio Mendoza (Race Director)

**Mail to:** 1213 Bella Vista  
Mission, Texas 78572

**Race Day:** Registration starts at 6:30 A.M. @ Hike & Bike Trail

Registration \$10.00 – Students \$5.00

Make checks payable to – RGV Heat Running Club

**T-shirts:** To first 75 registrants

**Awards:** Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place finishers in each Division

**Divisions:** 14U, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over  
Awards in both Men's & Women's division

**For more information call 956.212.0883 or email bmendoza33@aol.com**

**Name:** \_\_\_\_\_ **Sex:** M - F **Age:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_ **T-shirt size:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

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I, the undersigned, do hereby agree to hold harmless the CITY OF MISSION PARKS & RECREATION, RGV Heat Running Club, its agents, and employees, and all volunteers form any and all liability resulting from my participation.

Participants Signature: \_\_\_\_\_

Parent /Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_