



# Cummings Middle School 4th Annual

## Red Ant 1 Mile/5K Run

Brownsville, Texas

Saturday January 30, 2010

1 Mile Run/Walk: 7:45 a.m.  
5K 8:15 a.m.

**1 Mile Course:** The 1 mile run will take place through Dean Porter Park it will start and finish in front of Cummings' gym on Pierce Street.

**5K Course:** The 5K run will begin on Pierce Street and will proceed through the park. The runners will exit out on Ringgold St. and turn down Palm Blvd. towards Acacia Drive. The race will continue through Poinsettia Place and Hibiscus Ct., which will exit onto Ebony Ave and back.

**RACE LOCATION:** Start & finish in front of Cummings Middle School Gym on Pierce & 6th St.

**PRE-REGISTRATION:** \$8.00 (18 and under)  
\$10.00 (19 and over).

\* Schools/Teams: Bring in forms by Jan. 23, to guarantee T-shirts sizes.

Mailed application(s) must be postmarked by January 23, 2010.

Mail checks or money orders to:  
Red Ant Run  
1711 Artemisa  
Brownsville, Texas 78526

Make checks payable to: **Cummings Middle School**

**LATE-REGISTRATION:** will be held the day of the race at Cummings Middle School Gym Parking Lot between 6:30 a.m. and 7:20 a.m. **(\$12.00 registration for every one the day of the race.)**

For more information: Call Robert (956)542-6468 after 6:00 p.m.

**PACKET PICK-UP:** Cummings Middle School Gym: between 5:00 p.m. & 8:00 p.m. (Thurs. & Friday, Jan. 28th & 29th). [www.bisd.us/cummings](http://www.bisd.us/cummings)

- AWARDS:**
1. T-shirts to the first 600 registered participants.
  2. Team Trophies to the Top 3 Schools with the most participants. (Elementary/Middle School Divisions)
  3. Trophies to 1st, 2nd and 3rd places in the following age categories:

### 1 mile Run/Walk

6 & Under	11-12	20-24	25-29	50-59
7-8	13-15	30-34	35-39	60 & over
9-10	16-19	40-44	45-49	

### 5K

14 & Under	25-29	40-44	55-59
15-19	30-34	45-49	60 & over
20-24	35-39	50-54	55-59

### 2010 Registration Form

Name: \_\_\_\_\_  
Last First M Age

Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_  
Event Entered: (Circle one) 5K 1 Mile

Gender: MALE/FEMALE

T-SHIRT (Circle One) Youth M or L  
Adult S M L XL

### RELEASE:

Waiver Statement: In consideration of my participation in this event, I hereby accept all risk to my health and of my injury or death that may result from such participation. I hereby release Cummings Middle School administrators, B.I.S.D., race officials, and volunteers from all claims arising out of my participation in the Red Ant Run. I attest that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. As a parent or guardian having read this waiver; hereby grant my child permission to participate in this race.

\_\_\_\_\_  
Participants Signature  
\_\_\_\_\_  
Parents Signature  
if under 18 yrs of age.