



## Race Site.. Harlingen Soccer Complex

4515 E. Harrison – just east of Ed Carey Dr.

# January 23, 2010

**7:30AM** Little Sizzle (1 Mile Fun-Run) & **8:00AM** 5K/10K Start

- **5K/10K Awards:** Overall *Male/Female*, Masters *Male/Female*, Age Groups 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> *Male/Female* in: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, & 70 & up.
- **Little Sizzle & Races:** All participants 14 and under will receive finisher's medal.
- **T-Shirts:** Guaranteed to the first 300 registrants.
- **Packet Pick-Up at Expo:** Valley Baptist Health & Fitness Center, 3001 N. Augusta National in Harlingen, Friday 1/22 from 4:00PM to 7:00PM.
- **Race Day Registration:** From 6:30AM to 7:30AM.
- **Rain or Shine:** If lightning exists, race will take place on 1/24/10 at same location.
- **Online Registration:** Through Active.com, easily accessed on the South Texas Sizzler 5K race information page at [www.valleybaptist.net](http://www.valleybaptist.net) or [www.unlimitedsportsadventures.com](http://www.unlimitedsportsadventures.com).

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Gender: M or F  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Date Of Birth \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_ T-Shirt: YL S M L XL XXL  
 Email \_\_\_\_\_

<input type="checkbox"/> 5K Race	\$15 Early Registration (Entered Online or Post Marked by 1/10/2010)	
<input type="checkbox"/> 10K Race	\$25 Entered Online or Postmarked 1/11/10 or later \$8 Registration for runners under 14 years of age	\$ _____
<input type="checkbox"/> Little Sizzle (1 Mile Fun Run)	\$8 Registration	\$ _____

**Checks Payable to: Valley Baptist**  
**Mail to: South Texas Sizzler 5K/10K, P.O. DRAWER 2588, Harlingen, TX 78551-2588**

**Waiver must be signed with entry.** I know that participating in a road race is a potentially dangerous activity. I assume full and complete responsibility for any injury, accident, or any health related issues which may occur to me during the race, as a result of my participating in the race, or while I am on the premises of the event and I hereby release and hold harmless the sponsors, promoters, the race production company, and all other persons and entities associated with the event or their agents, employees or otherwise. I further certify that I am in good physical condition and fully able to participate in this event. I grant full permission to any and all the foregoing to use any photographs or records of this event. Further, the City of Harlingen is not a sponsor of this event and is harmless from any claims, suits, causes of action and liability arising out of my participation in this event. I understand that fees are not refundable. I have read, understand and voluntarily signed this agreement.

**Participant's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_  
 Signature of parent or guardian if under 18 years of age.